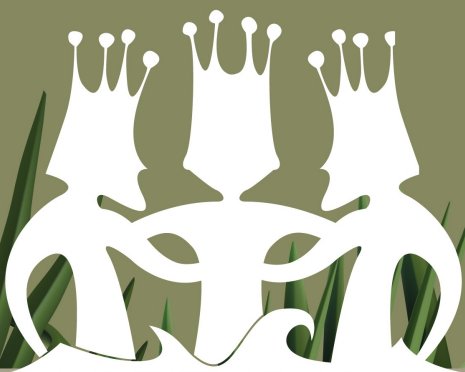




Lunch Time

Starters

Carrot gazpacho	7,50 €
Guacamole with nachos, pico de gallo, cheese and crème fraîche	12,00 €
Assorted croquettes	12,00 €
Falafel with hummus and crème fraîche	11,00 €
Scallop carpaccio with prawns and kimchi mayonnaise	23,00 €
Tuna tartare with orange tuile	21,00 €
Tuna tataki with Thai white garlic sauce	21,50 €

Salads

Tres Mares Chicken with yogurt..... Lettuce, tomato, avocado, chicken, and yogurt	14,50 €
César	14,50 €
Lettuce, chicken, bacon, Parmesan, crispy onions, croutons, and Caesar dressing	
Tabbouleh with Melva Canutera	15,50 €
Tabbouleh, melva (tuna), roasted pepper, tomato, lettuce, and onion	
Soy-marinated tuna with wakame seaweed	15,50 €
Marinated tuna, Chinese noodles, lettuce, avocado, tomato, carrot, wakame seaweed, red onion, sesame, and teriyaki	

Rice (min. 2 people)

A banda rice	32,00 €
Black rice	32,00 €
Mixed meat and seafood rice	32,00 €

Gourmet Snacks & Sandwiches

Tres Mares Beef Burger	15,50 €
Beef, lettuce, tomato, onion, bacon, cheese, and smoked bacon mayonnaise	
Angus Beef Gourmet Burger	16,50 €
Angus beef, provolone cheese, lettuce, tomato, pickles, crispy onion, and caramelized onion mayonnaise	
Crispy Chicken Baguette with Mustard Sauce	14,00 €
Chicken or Vegetable Wrap	13,50 €
Roasted chicken / vegetables, lettuce, tomato, onion, cheese, and yogurt sauce	

Pasta

Chicken, prawns, and stir-fried pasta	17,50 €
Bolognese (penne or spaghetti)	14,50 €
Carbonara (penne or spaghetti)	14,00 €
Neapolitan with Parmesan and basil	14,00 €
(penne or spaghetti)	

Fish & Meat

Grilled tuna or with soy sauce	25,00 €
Salmon in papillote with teriyaki and curry rice	21,50 €
Backed sea bass	24,50 €
Fish and prawn skewer	21,00 €
Grilled Iberian pork abanico	21,00 €

Desserts

Chocolate fondant with vanilla ice cream	7,50 €
"La Viña" cheesecake	6,50 €
Carrot cake	6,50 €
Apple Tatin with vanilla ice cream	7,50 €
Crêpes with dulce de leche or Nutella	6,00 €
Cream, nuts, honey and vanilla ice cream cup	6,50 €
Ice cream cup	6,00 €
One scoop of ice cream	2,80 €
Extra scoop of ice cream	1,60 €

In compliance with current health regulations, this establishment guarantees that the raw consumption of fishery products or those that due to their elaboration process have not received a heating above 60° C in the center of the product, have frozen at -20° C for at least 24 hours.

Royal Decree 1420/2006, of December 1, on the prevention of parasitism by anisakis in fishery products supplied by establishments that serve food to final consumers or communities.

Bread	1.50 € p/p
Extra ingredient	1.50 € p/p

VAT INCLUDED